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Committee on Herbal Medicinal Products (HMPC)

## European Union herbal monograph on *Crataegus spp.*, folium cum flore

### Draft

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<b>Keywords</b>	Herbal medicinal products; HMPC; European Union herbal monographs; traditional use; <i>Crataegus spp.</i> ; folium cum flore; hawthorn leaf and flower
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BG (bългарски): Глог, лист и цвят CS (čeština): hlohový list s květem DA (dansk): Hvidtjørn blad og blomst DE (Deutsch): Weißdornblätter mit Blüten EL (elliniká): φύλλο και άνθος κραταίγου EN (English): Hawthorn Leaf and Flower ES (español): Espino blanco, hoja y flor de ET (eesti keel): viirpuulehed koos õitega FI (suomi): orapihlaja, lehti ja kukka FR (français): Aubépine (sommité fleurie d') HU (magyar): Galagonya virágos hajtásvég HR (hrvatska): glogov list sa cvijetom IT (italiano): Biancospino foglia e fiore	LT (lietuvių kalba): Gudobelių lapai su žiedais LV (latviešu valoda): Vilkābeļu lapas ar ziediem MT (malti): Werqa u Fjura taż-Żagħrun / ta' l-Anżalor NL (nederlands): Meidoorn PL (polski): Kwiatostan głogu PT (português): Pirliteiro, folha e flor RO (română): frunză și floare de păducel SK (slovenčina): Hlohový list s kvetom SL (slovenščina): list in cvet gloga SV (svenska): Hagtorn, blad och blomma <i>IS (íslenska):</i> <i>NO (norsk):</i> Hagtornblad og -blomst
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# European Union herbal monograph on *Crataegus spp.*, folium cum flore

## 1. Name of the medicinal product

To be specified for the individual finished product.

## 2. Qualitative and quantitative composition<sup>1,2</sup>

Well-established use	Traditional use
	<p>With regard to the registration application of Article 16d(1) of Directive 2001/83/EC as amended</p> <p><i>Crataegus spp.</i>, folium cum flore (hawthorn leaf and flower)</p> <p>i) Herbal substance</p> <p>Not applicable.</p> <p>ii) Herbal preparations</p> <p>a) Comminuted herbal substance</p> <p>b) Powdered herbal substance</p> <p>c) Dry extract (DER 4-7:1), extraction solvent methanol 70% V/V</p> <p>d) Dry extract (DER 4-7.1:1), extraction solvent ethanol 45-70% V/V<sup>3</sup></p> <p>e) Liquid extract (DER 1:1), extraction solvent ethanol 45% V/V</p> <p>f) Liquid extract (DER 1:0.9-2), extraction solvent ethanol 45% V/V</p> <p>g) Liquid extract (DER 1:19.2-20), extraction solvent sweet wine</p> <p>h) Pressed fresh juice (DER 1:0.63-0.9)</p> <p>i) Pressed fresh juice (DER 1:0.9-1.1)</p> <p>j) Tincture (DER 1:3.5-4.5), extraction solvent ethanol 35% V/V</p>

<sup>1</sup> The declaration of the active substance(s) for an individual finished product should be in accordance with relevant herbal quality guidance.

<sup>2</sup> The material complies with the Ph. Eur. Monograph (ref.: 01/2010:1432)

<sup>3</sup> The composition of the extraction solvent must be specified in the individual extract.

### 3. Pharmaceutical form

Well-established use	Traditional use
	<p>Comminuted herbal substance as herbal tea for oral use.</p> <p>Powdered herbal substance in solid dosage forms for oral use.</p> <p>Herbal preparations e) to j) in liquid dosage forms for oral use.</p> <p>Herbal preparations c) and d) in solid or liquid dosage forms for oral use.</p> <p>The pharmaceutical form should be described by the European Pharmacopoeia full standard term.</p>

### 4. Clinical particulars

#### 4.1. Therapeutic indications

Well-established use	Traditional use
	<p><b>Indication 1)</b></p> <p>Traditional herbal medicinal product used to relieve symptoms of temporary nervous cardiac complaints (e.g. palpitations, perceived extra heart beat due to mild anxiety) after serious conditions have been excluded by a medical doctor.</p> <p>The product is a traditional herbal medicinal product for use in specified indications exclusively based upon long-standing use.</p> <p><b>Indication 2)</b></p> <p>Traditional herbal medicinal product for relief of mild symptoms of mental stress and to aid sleep.</p> <p>The product is a traditional herbal medicinal product for use in specified indications exclusively based upon long-standing use.</p>

## 4.2. Posology and method of administration<sup>4</sup>

Well-established use	Traditional use
	<p><b>Posology</b></p> <p>Indication 1)</p> <p><i>Adults and elderly</i></p> <p>a) single dose: 1-2 g daily dose: 3-4 times daily (max. 6 g) herbal tea: 1-2 g of the comminuted herbal substance in 150 ml of boiling water as a herbal infusion</p> <p>b) single dose: 190-350 mg daily dose: 570-1750 mg</p> <p>c) single dose: 80-300 mg daily dose: 240-900 mg</p> <p>d) single dose: 80-450 mg daily dose: 240-900 mg</p> <p>e) single dose: 0.56 g daily dose: 1.6-2.3 g</p> <p>f) single dose: 1.2-1.8 g daily dose: 3.6-5.5 g</p> <p>g) single dose: 8.2 g daily dose: 16.5 g</p> <p>h) single dose: 7 ml daily dose: 21 ml</p> <p>i) single dose: 2.4 ml daily dose: 7.5 ml</p> <p>j) single dose: 1.6 g daily dose: 5.1 g</p> <p>The use in children and adolescents under 18 years of age is not recommended (see section 4.4 'Special warnings and precautions for use').</p> <p>Indication 2)</p> <p><i>Adolescents, adults and elderly</i></p> <p>b) single dose: 190-350 mg daily dose: 570-1750 mg</p> <p>The use in children under 12 years of age is not recommended (see section 4.4 'Special warnings</p>

<sup>4</sup> For guidance on herbal substance/herbal preparation administered as herbal tea or as infusion/decoction/macerate preparation, please refer to the HMPC 'Glossary on herbal teas' (EMA/HMPC/5829/2010 Rev.1).

Well-established use	Traditional use
	<p>and precautions for use').</p> <p><b>Duration of use</b></p> <p>Indication 1)</p> <p>If the symptoms persist for more than 4 weeks, a doctor or a qualified health care practitioner should be consulted.</p> <p>Indication 2)</p> <p>If the symptoms persist longer than 2 weeks during the use of the medicinal product, a doctor or a qualified health care practitioner should be consulted.</p> <p><b>Method of administration</b></p> <p>Oral use.</p>

### 4.3. Contraindications

Well-established use	Traditional use
	Hypersensitivity to the active substance.

### 4.4. Special warnings and precautions for use

Well-established use	Traditional use
	<p>Indication 1)</p> <p>The use in children and adolescents under 18 years of age has not been established due to lack of adequate data.</p> <p>If the symptoms worsen during the use of the medicinal product, a doctor or a qualified health care practitioner should be consulted.</p> <p>If the ankles or legs become swollen, when pain occurs in the region of the heart, which may spread out to the arms, upper abdomen or the area around the neck, or in case of respiratory distress (dyspnea), a doctor or a qualified health care practitioner should be consulted immediately.</p> <p>For tinctures and extracts containing ethanol, the appropriate labelling for ethanol, taken from the 'Guideline on excipients in the label and package leaflet of medicinal products for human use', must be included.</p>

Well-established use	Traditional use
	<p>Indication 2)</p> <p>The use in children under 12 years of age has not been established due to lack of adequate data.</p> <p>If the symptoms worsen during the use of the medicinal product, a doctor or a qualified health care practitioner should be consulted.</p>

#### **4.5. Interactions with other medicinal products and other forms of interaction**

Well-established use	Traditional use
	None reported.

#### **4.6. Fertility, pregnancy and lactation**

Well-established use	Traditional use
	<p>Safety during pregnancy and lactation has not been established. In the absence of sufficient data, the use during pregnancy and lactation is not recommended.</p> <p>No fertility data available.</p>

#### **4.7. Effects on ability to drive and use machines**

Well-established use	Traditional use
	No studies on the effect on the ability to drive and use machines have been performed.

#### **4.8. Undesirable effects**

Well-established use	Traditional use
	<p>None known.</p> <p>If adverse reactions occur, a doctor or a qualified health care practitioner should be consulted.</p>

#### **4.9. Overdose**

Well-established use	Traditional use
	No case of overdose has been reported.

## 5. Pharmacological properties

### 5.1. Pharmacodynamic properties

Well-established use	Traditional use
	Not required as per Article 16c(1)(a)(iii) of Directive 2001/83/EC as amended.

### 5.2. Pharmacokinetic properties

Well-established use	Traditional use
	Not required as per Article 16c(1)(a)(iii) of Directive 2001/83/EC as amended.

### 5.3. Preclinical safety data

Well-established use	Traditional use
	<p>Not required as per Article 16c(1)(a)(iii) of Directive 2001/83/EC as amended, unless necessary for the safe use of the product.</p> <p>The dry extract (4-6.6:1, ethanol 45% m/m) did not reveal any genotoxicity in several tests (<i>in-vitro</i>: Ames test (incomplete), mouse lymphoma assay, cytogenetic analysis in cultured human lymphocytes; <i>in-vivo</i>: micronucleus test). Tests on genotoxicity have not been performed for all the other preparations of the monograph.</p> <p>Tests on reproductive toxicity and carcinogenicity have not been performed.</p>

## 6. Pharmaceutical particulars

Well-established use	Traditional use
	Not applicable.

## 7. Date of compilation/last revision

30 September 2014